

Special Tour, for Those Performing Walking Training!

日本一の  
おんせん県おおいた 味力も満載  
"Beppu-Onsen" Hot Spring in Japan  
http://www.visit-oita.jp/

# HAL FIT® Tourism in Oita

Fourteen Days of Hot Springs and Walking Training with HAL®: Hybrid Assistive Limb®, the world's first cyborg-type robot

A tourism package including both hot spring and leading-edge walking training with HAL®



HAL® has been certified throughout the EU for use as a medical device, acquiring a CE marking as the first robot for medical treatment purpose in August 2013. In Germany, treatment using HAL® is even covered under public worker's compensation insurance for patients with spinal cord injuries, stroke, and so on.

Oita Prefectural Medical Robot & Device Industries Council

## Individual HAL FIT® Training in the World's Best Hot Spring City! (By Appointment Only)

### Sample Plan

※Please feel free to consult us for recommendations during your free time

Days	Morning	Afternoon
Day 01 Mon		Arrival
Day 02 Tue	HAL FIT® Training	Free Time
Day 03 Wed	HAL FIT® Training	Free Time
Day 04 Thurs	HAL FIT® Training	1/2 Day Tour Beppu "Hell" Tour
Day 05 Fri	HAL FIT® Training	Free Time
Day 06 Sat	HAL FIT® Training	Free Time
Day 07 Sun	1 Day Tour: Hotel → Kokonoe Yume Otsurihashi (the longest and highest suspension bridge in Japan) → Yamanami Farm → Yufuin Town → Hotel	
Day 08 Mon	1 Day Tour: Hotel → Kitsuki Castle Town → Tashibu-no-shou Manor → Showa Town → Usa Jingu Shrine → Hotel	
Day 09 Tue	HAL FIT® Training	Free Time
Day 10 Wed	HAL FIT® Training	Free Time
Day 11 Thurs	HAL FIT® Training	1/2 Day Tour Mt. Takasaki Monkey Park, Umitamago Aquarium
Day 12 Fri	HAL FIT® Training	Free Time
Day 13 Sat	HAL FIT® Training	Free Time
Day 14 Sun	Departure	

※Please contact us directly for information on training prices.

**YouTube** Check out our YouTube channel

Watch our videos to see clear and simple explanations.



<https://www.youtube.com/channel/UCE5eWk75dE03rB7V40dSiwQ>



[Reservations and Inquiries]

Office-K  
Travel Net

Travel Net Office K Co.,Ltd.

TEL : 0977-21-5130 / E-Mail : web@k-travel.net

Address: 12-31 Noguchi motomachi, Beppu, Oita, 874-0933, Japan

Hours: 9:30am to 5:30pm (Saturdays: 9:30am to 3:00pm)

Holidays: Sundays, National Holidays and Other Days

http://www.k-travel.net/

# In HAL FIT<sup>®</sup>, intensive training with professional trainers

**HAL<sup>®</sup>, the world's first cyborg-type robot which promotes functional improvement of wearer's brain-nerve-muscle system and learning of motor function.**

The main feature of HAL<sup>®</sup> (Hybrid Assistive Limb) is that it detects a wearer's motion intentions (faint bio-electrical signals leak out to the skin) and assists one's desired movement. There are two types of HAL<sup>®</sup> in the Oita Robo Care Center: HAL<sup>®</sup> (Lower Limb Type) for your lower limb and HAL<sup>®</sup> (Single Joint Type) for your elbows or knees.



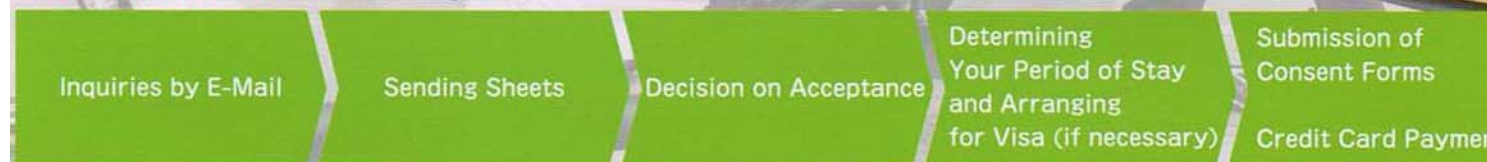
HAL<sup>®</sup> (Lower Limb Type)

HAL<sup>®</sup> (Single Joint Type)

Providing you with HAL FIT<sup>®</sup>, the world's most advanced training.

HAL FIT<sup>®</sup> Training is a scientific and individual program. Our professional trainer will guide you individually. Each session is 90 minutes, for instance, standing-up and down and walking etc. Please make reservation beforehand.

## Before Arrival



## Criteria

- The following points are to be confirmed at counseling prior to application.
- Physique Guide: Height 150cm to 190cm, Weight 40kg to 100kg
  - Does not use a pacemaker.
  - Is not fully paralyzed by a spinal cord injury
  - Does not have hypertensive disorder, diabetes or osteoporosis
  - Does not have a significant joint problem, and does not have a prosthesis in place
  - Can understand the explanation, and can follow the trainer's instructions
  - Does not have irritated skin easily.
  - Currently not pregnant

## Q&A

- Q. Is HAL<sup>®</sup> available for purchase?  
 A. No, it is not available for purchase.
- Q. Is it possible to wear HAL outside?  
 A. No. It can only be used during HAL FIT<sup>®</sup> training in our facilities.
- Q. Is there a way to inform you of the details of my physical status before coming to Japan?  
 A. Please e-mail us a video of your rehabilitation activities or of your daily life that helps us understand your physical activity so that we can assess whether you will be able to undertake HAL FIT<sup>®</sup> training.

# Professional trainers

## Merits of Training and Staying in Beppu City, Oita

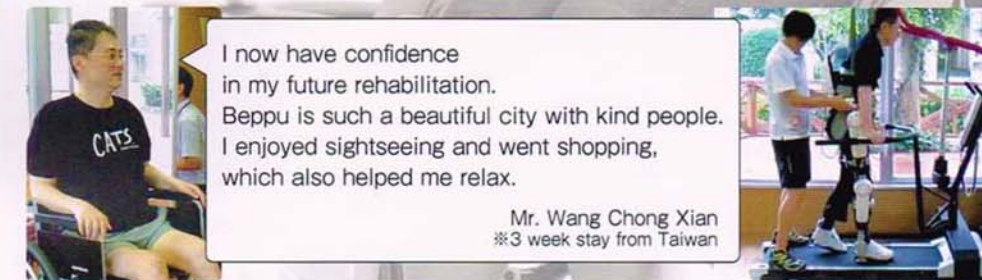
The mental and physical burden is minimal as the distance between your hotel and HAL FIT<sup>®</sup> is close and there are no traffic delays. With a consistent schedule in a rich natural environment, you will be able to concentrate on training and health management. Also, you will be able to enjoy abundant leisure activities in the area along with your travel companions.

### Typical day schedule



### A Message from our guest

Mr. Wang trained with HAL<sup>®</sup> 90 minutes per day (total comes 15 times) over a 3 week span, practicing his balance while standing and using a treadmill to practice walking.



I now have confidence in my future rehabilitation. Beppu is such a beautiful city with kind people. I enjoyed sightseeing and went shopping, which also helped me relax.

Mr. Wang Chong Xian  
 ※3 week stay from Taiwan

## Arrival



## Counseling



## HAL FIT<sup>®</sup> Training



## Visit Us Daily during Your Stay (excepting 7th and 8th day for 1Day tours)

